

Cover Letter for Submission of a Paper

May 22, 2018

Dear Publisher of Kesmas Journal,

We would like to submit a new manuscript entitled **“Effect of Self-Regulated Learning for Improving the Dietary Management and Quality of Life in Patients with Type 2 Diabetes Mellitus at Dr. Ramelan Naval Hospital Surabaya, Indonesia: A Quasi Experimental”** for consideration by the Kesmas: National Public Health Journal.

We confirm that this work is original and has neither been published elsewhere nor currently under consideration for publication elsewhere.

In this paper, we report on the effectiveness of SRL as nutritional education for diabetics. This is significant because there was difference between the intervention and control group in some variables after the program. The paper should be of interest to readers in public health nutrition scope.

We believed that the manuscript is aligning with the scope of *Kesmas Journal* since it is about health education. Moreover, the reader of *Kesmas Journal* might be interested in the area of intervention of nutritional education and burden of diabetes mellitus that currently faced by many developing countries in Asia such as Indonesia. The study which conducted regarding Indonesian situation will likely get interest by *Kesmas Journal* readers who are from similar academic background. The readers will learn about the diabetes mellitus, dietary compliance, Quality of Life (QoL), and Self-Regulated Learning (SRL). These topics are associated with double burden of non-communicable disease phenomenon which related to diet and nutritional status. Furthermore, this phenomenon considered as public health concern particularly non-communicable disease. Lastly, the writers expect that this manuscript can be considered to be published in the *Kesmas Journal*.

Please address all correspondence concerning this manuscript to me at thinni_nurul@fkm.unair.ac.id.

Thank you for your consideration of this manuscript.

Sincerely,






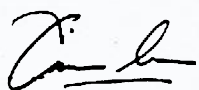
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STATEMENT LETTER

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- a. Author and co-author has sufficiently participated in the writing of this article so the article can be accountable to the public.
- b. All of the authors have reviewed the final version of the manuscript and agreed to publish this manuscript.
- c. This text has not been published in a form that is similar or the same in other journals or any magazines and are not processed in any other journal or any magazine.
- d. This text is really the original work of the authors and plagiarism free, if later found indications of plagiarism, the authors are willing to accept sanctions in accordance with prevailing regulations.
- e. This text is accompanied by copy of ethical clearance statement*
- f. The manuscript was sent to Kesmas: National Public Health Journal will not be withdrawn before it was decided whether the manuscript is accepted or rejected.
- g. The author is willing to pay the cost of the article publication amounted 750,000 IDR,-, if the article has been declared worthy of publication.

Surabaya, 22nd of May 2018

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Note:

* Devoted to experimental research involving human and/animals samples

- Biodata is filled by the corresponding author only
- All Writers who contributed to this paper are required to provide consent signatures
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